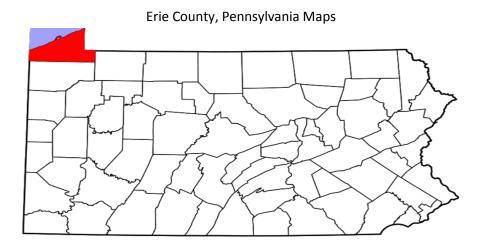
# **Erie County, Pennsylvania**

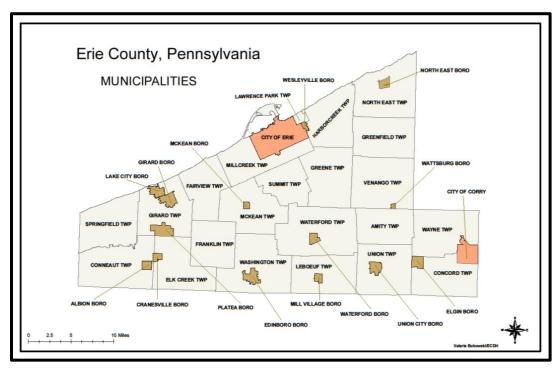
# ERIE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

Annual Report June 30, 2015

#### Introduction

Erie County is located in northwestern Pennsylvania on the south shore of Lake Erie. In 2013, the population totaled 280,294, with 80% classified as urban and 20% as rural. In this same year, 55.2% of all residents lived in either the City of Erie (100,671 persons) or Millcreek Township (54,239 persons). Poverty, especially within the City of Erie, is a concern.





In 2012, a community health needs assessment was completed for Erie County. Based on the results of this assessment, four strategic health issues, their corresponding priority health indicators, and seven overarching challenges were identified. The strategic health issues are lifestyle behavior change, chronic disease prevention and control, cancer prevention and early detection, and mental health. The overarching challenges are issues that impact the health of Erie County residents and should be considered in any community-based health action plan. They are poverty, disparities, the aging

population, medical and dental professional shortage, health-related transportation, health literacy, and lack of a central source of information and referral. This is represented in the community health blueprint below.

# Erie County Community Health Blueprint

## **Strategic Issues**

LIFESTYLE BEHAVIOR CHANGE

CHRONIC DISEASE PREVENTION & CONTROL

**CANCER PREVENTION & EARLY DETECTION** 

MENTAL HEALTH



# **Overarching Challenges**

**POVERTY** 

DISPARITIES

AGING POPULATION

 ${\tt MEDICAL~\&~DENTAL~PROFESSIONAL~SHORTAGE}$ 

HEALTH-RELATED TRANSPORTATION

HEALTH LITERACY

LACK OF A CENTRAL SOURCE OF INFORMATION & REFERRAL



# **Strategic Issues and Priority Indicators**

#### LIFESTYLE BEHAVIOR CHANGE

Tobacco Use including Smoking During Pregnancy

**Physical Activity** 

Nutrition

Alcohol Use

#### **CHRONIC DISEASE PREVENTION & CONTROL**

**Heart Disease** 

Obesity

Hypertension

Diabetes & Pre-Diabetes

Chronic Obstructive Pulmonary Diseases (COPD)

Asthma

COPD/Adult Asthma Preventable Hospitalizations



# **CANCER PREVENTION & EARLY DETECTION**

Lung Cancer

Breast Cancer

**Prostate Cancer** 

Cervical Cancer

#### MENTAL HEALTH

Poor Mental Health

Suicide

Financial Distress

### **Community Health Improvement Plan**

The Community Health Improvement Plan (CHIP) is a blueprint for achieving improved community health. It begins with community partners and stakeholders joining in a collaborative dialogue to develop goals and strategies for the strategic issues identified in the community health needs assessment. The priority indicators and overarching challenges are used as guides. These final goals and strategies describe what the group wants to achieve and how they plan on doing it. The results are action plans that use evidence based programs to provide measurable and effective interventions within the community. The overarching goal of the CHIP is to establish a unified health improvement plan to transform Erie County into a "Community of Wellness".

The Erie County CHIP began as a unilateral group of community organizations each of whom deliver services and programs within the parameters of the priority indicators and overarching challenges.

# CHIP Steering Committee June 30, 2015

James Amsterdam, MD St. Vincent Hospital Rachel Andrews AmeriHealth Caritas

Del Birch United Way of Erie County

Nicole Bolash Erie County Department of Health Valerie Bukowski Erie County Department of Health

April Bush Drug and Alcohol Coalition
Terry DeLellis Corry Memorial Hospital

Carrie Ennis UPMC Hamot

George Espy Erie Community Foundation
Debra Feeney Erie City School District

Nina Ferraro Highmark Blue Cross Blue Shield

Anna Frantz Emerge 2040

Amanda Harkness Erie County Department of Health (Nutrition)

Jillian Heschke Millcreek Community Hospital
Dawna Himmel Erie County Diabetes Association

Karen Jakiel American Cancer Society
Gina Klofft American Heart Association

Denise Kolivoski National Alliance on Mental Illness (NAMI)

Mark Kresse Healthcare Collaboration
Amy Jo Learn St. Vincent Hospital

Laura Luther Erie County Department of Health (Phys Activ)

Melissa Lyon Erie County Department of Health

Sarah Morgan Erie County Department of Health (Tobacco)

Peggy Popeski Family Services of NWPA Anthony Snow, MD Community Health Net

Patricia Stubber Northwest PA Area Health Education Center

Kathy Wyrosdick Erie County Planning Department Eileen Zinchiak Mercyhurst Public Health Institute

These organizations partner with over 90 stakeholders throughout Erie County to service residents.

## **Community Partners and Stakeholders**

Adagio Health (Erie County) Greater Erie Community Action Committee (GECAC)

American Cancer Society Harborcreek Supervisor

American Diabetes Association Health America Insurance (Coventry Healthcare)

American Heart Association Highmark Blue Cross Blue Shield

Asbury Woods Nature Center John F. Kennedy Center
Baldwin Brothers Realty Junior League of Erie

Booker T. Washington Center Lake Erie College of Osteopathic Medicine (LECOM)

Boy Scouts of America LECOM School of Pharmacy

Chronic Disease Prevention Program Lilly Broadcasting

City of Erie Police Department Martin Luther King Center
City of Erie School District Mercyhurst Civic Institute
Coalition Pathways Mercyhurst University

Community Health Net Millcreek Community Hospital
Community-At-Large Members Millcreek Police Department

Coroner Mission Empower

Corry Chamber of Commerce Mothers Against Teen Violence

Corry Memorial Hospital Multicultural Community Resource Center

Corry Police Department NAMI of Erie County (National Alliance on Mental Illness)

County of Erie, Mental Health and Mental Retardation Northeast Chamber of Commerce

Divine Connections Northwest Pennsylvania Area Health Education Center

Erie Children's Advocacy Center Northwest Savings Bank

Erie City Council Northwest Tri-County Intermediate Unit 5

Erie Community Foundation NWPA Tobacco Control Program
Erie County Board of Health Office of Children and Youth

Erie County Cancer Task Force Office of the Pennsylvania Attorney General

Erie County Care Management Ophelia Project
Erie County Department of Health Perseus House

Erie County Diabetes Association Regional Cancer Center
Erie County District Attorney Office Safe & Healthy Communities

Erie County Medical Society Saint Benedict Adult Education Program

Erie Gay News (LGBT population) Saint Vincent Hospital
Erie Housing Authority Second Harvest Food Bank

Erie Mental Health Association Sisters of St. Joseph Neighborhood Network

Erie Reader Stairways Behavioral Health

Erie Regional Chamber and Growth Partnership Trinity Center
Erie Yesterday Union Township
Eriez Magnetics United Healthcare

Fairview Township United Way of Erie County

Gannon University UPMC Hamot
Gannondale School for Girls UPMC Insurance

Gaudenzia Veteran's Affairs Medical Center

General Electric Transportation Health Initiative

Veteral Systems Wedler Center

VisitErie

Girard Borough Waterford Township
Girl Scouts of America Whole Foods Cooperative
Goodell Gardens Women's Care Center

Great Lakes Institute of Technology

Four task forces, based on the four strategic issues, were established. They are: Lifestyle Behavior Change Task Force, Chronic Disease Task Force, Mental Health Task Force, and Cancer Prevention and Control Task Force. Focus areas for each of these task force groups follows.

#### Lifestyle Behavior Change Task Force

- Tobacco and Alcohol
  - Alcohol and tobacco use during pregnancy and post-partum
  - Tobacco cessation programs
  - Tobacco prevention initiatives
  - Tobacco enforcement/compliance programs
  - Tobacco advocacy initiatives
  - Smoke-free public places
  - Tobacco interventions in healthcare settings
- Nutrition
  - Food deserts
  - Community gardens
  - Healthy Corner Store initiative
  - Breastfeeding policy initiative worksite compliance
- Physical Activity
  - Bike Erie initiative
  - The "Let's Move Outside" county wide walking program
  - Safe Routes to School program
  - Complete streets strategies

#### Chronic Disease Task Force

- Million Hearts initiative and expo
- Safe and Healthy Communities Hypertension prevention
- Safe and Healthy Communities Diabetes prevention
- Healthcare Collaboration Diabetes, COPD, Asthma
  - Data Group: Web reporting of patient compliance data
  - Health Literacy Group: Information about each disease and why compliance is important
  - Primary Care Access Group: Identification and review of healthcare providers

### Mental Health Task Force

- Erie County Suicide Task Force
- Suicide prevention education in school settings
- Prescription drug overdose awareness and prevention

#### Cancer Task Force

- Cancer prevention and awareness
- Lung cancer Tobacco intervention in a healthcare setting

Despite early success, this system became cumbersome. Organizations working on different programs within the same Task Force, did not meet outside of the quarterly Steering Committee meetings. This limited the amount of meaningful discussion among community partners and limited the long term coordination of their programs and services. As a result, the progress toward achievable goals was diluted.

In order to more effectively address the health needs of Erie County residents, the community partners and stakeholders are currently reevaluating the organizational structure of the present collaborative health improvement plan. The goal is to establish a system of accountability, responsibility, and coordinated program delivery.